

# Commitment is making a plan and putting it into practice.

Read: Colossians 3:23

DAY  
1

## Hearing From God

Hearing from God doesn't necessarily mean you will hear God's voice like we do our own. Hearing from God can happen in different ways: when we pray, practice silence, read the Bible, or even hear from others about God. Choose a way that you can talk to or hear from God.

Some ideas you could do are praying with a family member, reading, or listening to a Bible story, or talking to someone you know about God.

**KNOW that when we pray, read, talk, or are silent we can hear from God.**

DAY  
2

## Prayer Partners

Praying often is a great practice for living for God. Find a friend or family member you can pray with. Maybe it's in person, on the phone, or over video. Take turns telling each other what you want prayer for. Take turns praying for the other person.

**THANK God for putting someone in your life you can pray with.**

DAY  
3

## Living For the Lord

Read through Colossians 3:23. Come up with some motions that you can use to remind yourself of this verse this week. Think of some ways that you can work for God.

**LOOK for ways that you can serve God.**

DAY  
4

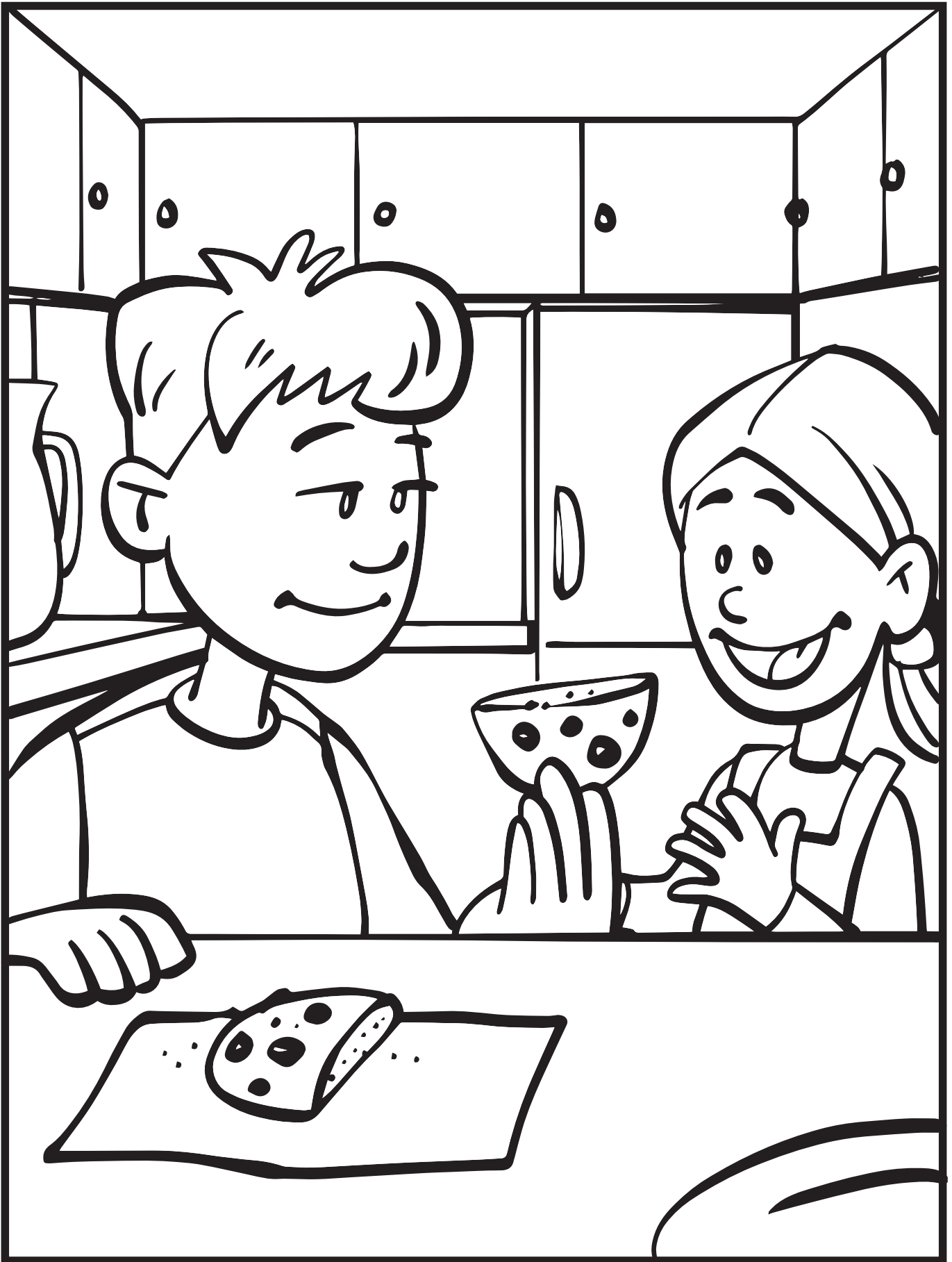
## Hear, Pray, Talk, Live

Over the past few weeks, you have learned about committing to God by hearing from God, praying to God, talking about God, and living for God. When you do those things, you are building a relationship with God. Let's pray and ask God to walk alongside you while you work on adding these things to your life.

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 "Dear God, please help me continue to grow in my understanding of you. I want my relationship with You to become stronger. Please guide me to ask questions when I have them and help others understand who You are when they have questions. Thank You for wanting to hear from me and for talking to me through Your Word. I love you. Amen."

~~~~~  
**ASK in prayer how you can live for God this week.**

Practice living  
for God.



# Commitment is making a plan and putting it into practice.

## DAY 1

### Read 1 Kings 8:61

Commitment isn't easy. But working hard at something can have BIG rewards. Practicing piano can lead to an awesome performance at your next recital. Studying hard can lead to learning something new. Running drills over and over at practice might lead to a touchdown in your next game.

The same is true when it comes to following God. It's not easy to let others go first, walk away when someone hurts you, or tell the truth when you might get into trouble. But if we want to show others who God is and how much God loves us, then we have to make a commitment to practice living for God.

### Hoop It Up

Can you make a hula-hoop spin without falling? Set a timer for ten minutes and spend the entire time practicing your hula-hoop skills. When the timer goes off, if you don't see any improvement, set the timer and practice for ten more minutes. If you don't have one, grab a ball and practice dribbling or kicking instead.

## DAY 2

### Read Ephesians 5:1-2

Is there anyone in your family you hear you look the most like? Members of the same family often look like one another. In the same way, as followers of God, we should look and act like God.

So, how can you follow God's example? How did you show love to others today? Ask God to help you love others like God loves you as you practice living for God.

### Dearly Beloved

Fill in the blanks with your name below. Then read it aloud along with the blanks.

"....., you are a child that God dearly loves.

So follow God's example.

Lead a life of love, just as Christ did.

God loves you, .....

God sent Jesus for you.

Jesus was a sweet-smelling offering and sacrifice to God." (See Ephesians 5:1)

(That last sentence is a reminder that Jesus took the punishment for the wrong things we do when He died on the cross. And He rose again so that we could have a relationship with God forever when we put our trust in Him.)

DAY 3

## Read 1 Timothy 4:8

Set a timer for one minute. Complete the following tasks, resetting the timer for one minute for each one:

Sit ups  
Squats  
Star jumps  
Push ups  
Jogging in place

Are you tired? What might happen if you kept doing that routine, day after day, week after week, increasing the time by one minute each week? Would you get stronger? Absolutely!

Today's verse reminds us that training the body has value but being godly is even better! We've been learning all month long that we can grow in our faith (and become Godlier, more like Jesus) when we practice hearing from God, praying to God, talking about God, and living for God. When we live for God, it will make a difference right now and forever.

You can ask God for help as you practice living for God every day. Remember, you won't always do it perfectly, but you will grow stronger and stronger as you practice following God each day.

DAY 4

## Read Mark 12:43-44

When is a little actually a LOT?

Wealthy men were throwing large sums of money into the offering box. Then a poor widow walked up and placed two small coins in the box. Jesus noticed.

Who gave more?  
The widow.

Which amount COST more?

The rich men gave out of their extra. They still had plenty left over, so it wasn't a sacrifice for them. This widow, by giving ALL she had, showed that she trusted God to take care of her.

Every time you are generous, every time you share, every time you listen or go out of your way to help, you are LIVING for God. You point others to God and show them how much God loves them too.

As you practice living for God this week, ask yourself: Is this honoring God? Remember, every little choice you make to live for God, helps others to know God too!

Practice living  
for God.



Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting practice lines for the journaling question.

Handwriting practice lines for the journaling question.



Day 1

After watching, write one thing that:

1. You liked:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

2. You learned:

Download it for free at parentcue.org/app.

3. You'd like to know:

Even if you already saw it at church, feel free to check it out again!

Handwriting practice lines for the Day 1 reflection.

## Day 2

### Read Mark 12:41–44

Get a sheet of paper and a writing utensil. Fold your paper in half twice. Unfold the paper, then trace over the fold lines so you've created four boxes. Inside each box, illustrate the story you read in Mark 12:

**Box 1:** Jesus sitting down watching people drop in their offerings

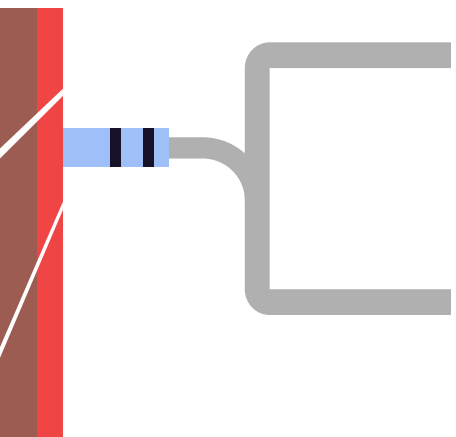
**Box 2:** Rich people putting in large amounts of money

**Box 3:** The poor woman putting in a little bit of money

**Box 4:** Jesus calling the disciples over  
Which box do you think most people would say represents the most sacrifice? \_\_\_\_\_

Read verse 43–44 and then circle the box that represents who Jesus says made the greatest sacrifice.

If you circled the picture of the poor woman donating her two coins, you're right. The woman who gave all she had shows us what it looks like to live for God.



## Day 3

### There are so many ways to practice living for God.

It might mean giving money or things sacrificially, just like the widow did in our story this week. But it also might mean giving up your time to help someone, being kind when you're tired and frustrated, refusing to gossip when everyone else in your friend group is doing it, or a million other ways that you choose to live for God instead of yourself.

Fill in the blanks in the prayer below, remembering back to all the ways you learned this month that you can live out commitment.

**Dear God,** thank You for sending

Jesus to be my Savior and to show me

what it looks like to live for You. I really

want to live for You, so please help me

to practice by \_\_\_\_\_

\_\_\_\_\_ from You, \_\_\_\_\_

\_\_\_\_\_ to You, talking

\_\_\_\_\_ You,

and \_\_\_\_\_

my \_\_\_\_\_

for You. In Jesus' Name, we pray. **Amen.**

Next, pray the prayer out loud; then, hang this paper somewhere you will see it this week to continue praying to ask God for help as you **practice living for God.**

Answers: Hearing, about, giving, giving

## Day 4

### Practice living for God.

It's not too challenging to **practice living for God** for a day or two, but

sometimes we slip back into old habits—or forget to practice the new ones! One thing that can help as you

**practice living for God** is having an accountability partner—someone who will check in with you from time to time to see how things are going. It can work really well if that person is also practicing living for God. Who is someone you can ask to help hold you accountable? Go to them, or call or text them, today and explain a bit about what you're looking for. If they are up for the task, let them know you'll be in touch soon with more details!

## Day 5

**You know you want to live for God, and you've got an accountability partner now, so what's next?**

**How can you live for God?**

Thankfully, Jesus showed us how to do that when He was living on the earth. And He summed it up like this:

Love God. Love others.

Grab a sheet of paper and draw a line down the middle. At the top left, write the words "Love God." Then on the top right, write "Love others." Then write 3–4 ways in each column that you can live for God by loving God and others.

Share your paper with the person who agreed to be your accountability partner. Talk through the ideas you've come up with and see if they have any more ideas. Then circle one from each side of the paper that you'd like to attempt first.

At the bottom of each column, write a simple plan for how you plan to live for God by loving God and loving others in those specific ways you circled. Make sure to include how your accountability partner will check in with you!

